

First Wednesday

Prayer AND Fasting

Fasting is:

A voluntary abstinence for spiritual purposes. The first Wednesday of each month we ask you to fast from:

1. Food (for one meal or for 24 hours Tuesday after supper until Wednesday supper)
2. All Social Media for 24 hours

The purpose of the Fast is to spend extra time in prayer. We are using Matthew 28:18-20 as a prayer prompt (over).

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. ¹⁹ Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

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All Authority:

Pray that we give Jesus all authority in our lives

Go:

Pray that we are active in sharing the gospel

Make Disciples:

Pray that we are active in disciple making

All nations:

Pray that we share the gospel with anyone and everyone

Baptize:

Pray that those who trust Christ would want to be baptized and follow Him

Teach to Obey all:

Pray that we are doers of the word

Jesus is with us:

Praise God that He is always with us



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